



LOOKING AHEAD

The following are services and parish events *in addition* to the usual weekend services (Sat 6pm & Sun 9:30am).

Tuesday March 10

10:00am — Father's Café
7:30pm — Orthodox Christianity 101

Wednesday March 11

7:00pm — Liturgy of the Presanctified Gifts followed by Lenten Potluck

Friday March 13

7:00pm — Akathist to our Sweetest Lord Jesus

Saturday March 14

9:00am — Memorial Saturday Divine Liturgy

Monday March 16

7:30pm — Parish Council Meeting

Tuesday March 17

10:00am — Father's Café
7:30pm — Orthodox Christianity 101

Wednesday March 18

7:00pm — Liturgy of the Presanctified Gifts followed by Lenten Potluck

Friday March 20

10:00am — Liturgy of the Presanctified Gifts followed by Lenten Potluck

7:00pm — Akathist to the Inexhaustible Cup

Tuesday March 24

10:00am — Father's Café
7:00pm — Vigil for Annunciation

For more dates please visit our website: www.stchristinaorthodox.org

Many Years!

Jon Masamitsu & Aaron James Tang (on their birthday—3/9)
Michael (Thomas) & Kathleen Elson (on their wedding anniversary—3/13)

Confessions are held on Saturdays after Great Vespers or by appointment with Fr Michael.

PARISH CONTACT INFO:

Church: 3721 Parish Ave, Fremont, CA

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Priest: V. Rev. Michael Anderson, Rector

FrMichael@stchristinaorthodox.org (510) 333-8814

Attached Clergy: V. Rev. George Masters & Dn. Dennis Milligan



THE LIVING WATER

(JOHN 4:10)

www.stchristinaorthodox.org

Publication of St. Christina of Tyre Orthodox Church in Fremont, CA

FIRST SUNDAY OF GREAT LENT—TONE 5

SUNDAY OF ORTHODOXY

ST. THEOPHYLACTUS, BISHOP OF NICOMEDIA



Welcome!

...to all who have gathered to follow Jesus Christ and manifest the Kingdom of God in the Liturgy of His Church. If this is your first time with us, give us a chance to get to know you. Please join us for our fellowship meal following the service.



A Word from the Holy Fathers

The candles lit before icons of saints reflect their ardent love for God for Whose sake they gave up everything that man prizes in life, including their very lives, as did the holy apostles, martyrs and others.

These candles also mean that these saints are lamps burning for us and providing light for us by their own saintly living, their virtues and their ardent intercession for us before God through their constant prayers by day and night.

—St. John of Kronstadt



Include Something in the Bulletin

Email it to community@stchristinaorthodox.org



Parish Life

FR. DN GREGORY MATLAK TO VISIT! MARCH 28-29

Fr. Dn Gregory will be visiting St. Christina the weekend of March 28-29. He will serve while he is here. We will have a little "fire-side chat" with him in the fellowship hall after Divine Liturgy on Sunday. This will give everyone a chance to meet each other and ask questions. He will be staying through Wednesday morning to try to get a chance to look at schools, housing etc for his family.

Let us all show him the wonderful hospitality that is always a part of our parish's life.

OCA EAST BAY PARISHES "JOINT" FRIDAY PRE-SANCTIFIED LITURGIES

This year during Great Lent the OCA parishes on the East Bay are inviting each other to celebrate the Liturgy of the Pre-Sanctified Gifts together at each other's parishes on Fridays. It will give us a chance to worship together and build the bonds of fellowship among our communities.

There will be a Lenten breakfast at each parish following the liturgy.

Below is the schedule being shared.

- March 6 at 10 AM - St. Michael Church, 2425 Olivera Rd Concord,

- March 13 at 10 AM- St. Innocent Church, 1047 Serpentine Ln Ste 300 Pleasanton

- March 20 at 10 AM- **St. Christina of Tyre Church, Fremont**

- March 27 at 6 PM - St. John the Baptist Church, 1900 Essex St, Berkeley

- April 3 at 10 AM- St. Michael Church, 2425 Olivera Rd Concord

- April 10 at 6 PM - St. John the Baptist Church, 1900 Essex St, Berkeley

Let's be sure to have a welcoming group here on **March 20th!**

PSYANKI WORKSHOP DATE CHANGE SUNDAY — MARCH 22

Our much-loved annual pysanky workshop is scheduled for Sunday, March 22 after the fellowship meal, starting at about 12:30.

Learn how to design and create Ukrainian Easter Eggs. Supplies are provided and all levels are welcome.

A sign-up sheet is available on the welcome table. Please **sign up today** so we can be sure to have enough supplies.



BRING IN PALMS FROM LAST YEAR

Please bring in your palms from last year so they can be disposed of properly. You can give them to Fr Michael anytime during Great Lent.

FROM THE LIBRARY

The Lenten Reading Program has begun.

This year's theme is: "Repentance is the Key to Salvation." Fr. George will have forms for adults, children, and readers of other languages.

We are discontinuing the gift card rewards for the adult readers and plan to use the money to purchase new books for the Library.

If you have suggestions please be sure to speak to Fr. George or Matusha Georgette, our librarian.

Our Life in Christ

The torturers tied her to an iron wheel, beneath which they lit a fire. The body of the martyr, turning round on the wheel, was scorched on all sides. They then threw her into prison.

An angel of God appeared at night, healing her wounds and strengthening her with food. Her father, seeing her unharmed, gave orders to drown her in the sea. An angel sustained the saint while the stone sank down, and Christina miraculously came out of the water and reappeared before her father. In terror, the torturer imputed this to sorcery and he decided to execute her in the morning. That night he himself suddenly died. Another governor, Dion, was sent in his place. He summoned the holy martyr and also tried to persuade her to renounce Christ, but seeing her unyielding firmness, he again subjected her to cruel tortures. The holy martyr was for a long while in prison. People began to flock to her, and she converted them to the true faith in Christ. Thus about 300 were converted.

In place of Dion, a new governor Julian arrived and resumed the torture of the saint. After various torments, Julian gave orders to throw her into a red-hot furnace and lock her in it. After five days they opened the furnace and found the martyr alive and unharmed. Seeing this miracle take place, many believed in Christ the Savior, and the torturers executed Saint Christina with a sword.

*Holy Martyr Christina,
pray to God for us!*



THE LIFE OF ST CHRISTINA OF TYRE

The Martyr Christina lived during the third century. She was born into a rich family, and her father was governor of Tyre. By the age of 11 the girl was exceptionally beautiful, and many wanted to marry her. Christina's father, however, envisioned that his daughter should become a pagan priestess. To this end he placed her in a special dwelling where he had set up many gold and silver idols, and he commanded his daughter to burn incense before them. Two servants attended Christina.

In her solitude, Christina began to wonder who had created this beautiful world. From her room she was delighted by the stars of the heavens and she constantly came back to the thought about the Creator of all the world. She was convinced, that the voiceless and inanimate idols in her room could not create anything, since they themselves were created by human hands. She began to pray to the One God with tears, entreating Him to reveal Himself. Her soul blazed with love for the Unknown God, and she intensified her prayer all the more, and combined it with fasting.

One time Christina was visited by an angel, who instructed her in the true faith in Christ, the Savior of the world. The angel called her a bride of Christ and told her about her future suffering. The holy virgin smashed all the idols standing in her room and threw them out the window. In visiting his daughter Christina's father, Urban, asked her where all the idols had disappeared. Christina was silent. Then, having summoned the servants, Urban learned the truth from them.

In a rage the father began to slap his daughter's face. At first, the holy virgin remained quiet, but then she told her father about her faith in the One True God, and that she had destroyed the idols with her own hands. Urban gave orders to kill all the servants in attendance upon his daughter, and he gave Christina a fierce beating and threw her in prison. Having learned about what had happened, Saint Christina's mother came in tears, imploring her to renounce Christ and to return to her ancestral beliefs. But Christina remained unyielding. On another day, Urban brought his daughter to trial and urged her to offer worship to the gods, and to ask forgiveness for her misdeeds. Instead, he saw her firm and steadfast confession of faith in Christ.



**12TH ANNUAL LENTEN RETREAT:
"BECOMING THE LIGHT OF THE WORLD"**

SUNDAY, APRIL 5, 2020

Where: Holy Virgin Cathedral, 6210 Geary Boulevard, San Francisco, CA 94121

Theme: "Becoming the Light of the World"

Speakers:

Deacon Dr Edward Anderson, Holy Virgin Cathedral: *"Art and Culture: Planting Seeds, Shining Light"*

Abbess Aemiliane, Sacred Monastery of St Nina, MD: *"Fire and Light: The Way of Peace"*

Cost (including 2 meals): \$30/\$35

Info and Registration: wadiocese.org/lentenretreatsf

LA DIVINA LITURGIA

SATURDAY, MARCH 21 9 A.M. LITURGY

Elevation of the Holy Cross Orthodox Church
9000 Jackson Rd. Sacramento, CA

Come experience the Divine Liturgy in Spanish and learn about the Orthodox Church in Guatemala with OCMC missionary Jennifer Rice.

Presentation, Lenten meal, and informational discussion on the Church in Guatemala and Jen's experiences as a missionary will follow in the hall.

Questions? Contact Father Timothy at frtimothywinegar@gmail.com or go to www.holycrosssacramento.org.



Dates for 2020

Great Lent Begins	March 2
HOLY PASCHA	April 19
Western Easter	April 12
Ascension	May 28
Pentecost	June 7

FAST SEASONS

Great Lent	Mar 2-April 18
Apostles Fast	June 15-28
Dormition Fast	Aug 1-14
Nativity Fast/Advent	Nov 15-Dec 24

FAST-FREE WEEKS

Before Great Lent	Feb 10-15
Bright Week	April 20-25
Week after Pentecost	June 8-13
After Christmas	Dec 26-Jan 4

**SAVE THE DATES!!!
PYSANKI WORKSHOP &
PRE-PASCHAL BAKE SALE**

March 22 12:30pm — Annual Pysanki Workshop

April 5 — Pre-Paschal "Old World" Bake Sale & Open House

Today's Worship — Hymns

TROPARIA

Resurrection—Tone 5

Let us, the faithful, praise and worship the Word, co-eternal with the Father and the Spirit, born for our salvation from the Virgin; for He willed to be lifted up on the Cross in the flesh, to endure death, and to raise the dead by His glorious Resurrection.

Sunday of Orthodoxy—Tone 2

We venerate Your most pure image, O Good One; and ask forgiveness of our transgressions, O Christ our God. Of Your own will You were pleased to ascend the cross in the flesh and deliver Your creatures from bondage to the Enemy. Therefore with thankfulness we cry aloud to You: "You have filled all with joy, O our Savior, by coming to save the world."

St Christina—Tone 4

Your lamb Christina, O Jesus, Calls out to You in a loud voice: "I love You, O my bridegroom, And in seeking You, I endure suffering. In Baptism I was crucified so that I might reign in You, And died so that I might live with You. Accept me as a pure sacrifice, For I have offered myself in love." By her prayers save our souls, since You are merciful.

PROKEIMENON

Tone 4 — *(Song of the Fathers)* Blessed are You, O Lord God of our fathers, and praised and glorified is Your name forever! *(Song of the Three Holy Children, v. 3)*

v: For You are just in all that You have done for us! (v. 4)

KONTAKION

St Christina — Tone 5

You abandoned your father's error and received divine illumination as a glorious virgin betrothed to Christ. You bravely struggled and destroyed the enemy, O great Martyr Christina and ever pray that we may receive great mercy.

Triodion—Tone 8

No one could describe the Word of the Father; but when He took flesh from you, O Theotokos, He accepted to be described, and restored the fallen image to its former state by uniting it to divine beauty. We confess and proclaim our salvation in words and images.



Today's Worship — Scripture Readings

Epistle — Hebrews 11:24-26, 32-12:2

²⁴ By faith Moses, when he became of age, refused to be called the son of Pharaoh's daughter, ²⁵ choosing rather to suffer affliction with the people of God than to enjoy the passing pleasures of sin, ²⁶ esteeming the reproach of Christ greater riches than the treasures in Egypt; for he looked to the reward.

³² And what more shall I say? For the time would fail me to tell of Gideon and Barak and Samson and Jephthah, also of David and Samuel and the prophets: ³³ who through faith subdued kingdoms, worked righteousness, obtained promises, stopped the mouths of lions, ³⁴ quenched the violence of fire, escaped the edge of the sword, out of weakness were made strong, became valiant in battle, turned to flight the armies of the aliens.

³⁵ Women received their dead raised to life again. Others were tortured, not accepting deliverance, that they might obtain a better resurrection. ³⁶ Still others had trial of mockings and scourgings, yes, and of chains and imprisonment. ³⁷ They were stoned, they were sawn in two, were tempted, were slain with the sword. They wandered about in sheepskins and goatskins, being destitute, afflicted, tormented — ³⁸ of whom the world was not worthy. They wandered in deserts and mountains, in dens and caves of the earth.

³⁹ And all these, having obtained a good testimony through faith, did not receive the promise, ⁴⁰ God having provided something better for us, that they should not be made perfect apart from us.

¹ Therefore we also, since we are surrounded by so great a cloud of witnesses, let us lay aside every weight, and the sin which so easily ensnares us, and let us run with endurance the race that is set before us, ² looking unto Jesus, the author and finisher of our faith, who for the joy that was set before Him endured the cross, despising the shame, and has sat down at the right hand of the throne of God.

Gospel — John 1:43-51

⁴³ The following day Jesus wanted to go to Galilee, and He found Philip and said to him, "Follow Me."

⁴⁴ Now Philip was from Bethsaida, the city of Andrew and Peter.

⁴⁵ Philip found Nathanael and said to him, "We have found Him of whom Moses in the law, and also the prophets, wrote — Jesus of Nazareth, the son of Joseph."

⁴⁶ And Nathanael said to him, "Can anything good come out of Nazareth?" Philip said to him, "Come and see."

⁴⁷ Jesus saw Nathanael coming toward Him, and said of him, "Behold, an Israelite indeed, in whom is no deceit!"

⁴⁸ Nathanael said to Him, "How do You know me?" Jesus answered and said to him, "Before Philip called you, when you were under the fig tree, I saw you."

⁴⁹ Nathanael answered and said to Him, "Rabbi, You are the Son of God! You are the King of Israel!"

⁵⁰ Jesus answered and said to him, "Because I said to you, 'I saw you under the fig tree,' do you believe? You will see greater things than these."

⁵¹ And He said to him, "Most assuredly, I say to you, hereafter you shall see heaven open, and the angels of God ascending and descending upon the Son of Man."