



## LOOKING AHEAD

*The following are services and parish events in addition to the usual weekend services (Sat 6pm & Sun 9:30am).*

### Tuesday February 5

10:00am — Father's Café

### Thursday February 7

7:30pm — Adult Ed: Understanding the Prophets

### Sunday February 10

5:00pm — St Christina's Banquet & Silent Auction

### Tuesday February 12

10:00am — Father's Café

7:30pm — Parish Council Meeting

### Thursday February 14

7:30pm — Adult Ed: Understanding the Prophets

### February 18-22

Fr. Michael travels to attend Mission Retreat

### Tuesday February 19

10:00am — Father's Café

### Thursday February 21

7:30pm — Adult Ed: Understanding the Prophets

### Tuesday February 26

10:00am — Father's Café

### Thursday February 28

7:30pm — Adult Ed: Understanding the Prophets

*For more dates please visit our website: [www.stchristinaorthodox.org](http://www.stchristinaorthodox.org)*

### Many Years!

Cyril Vargas (on his birthday —2/8)

Timothy Anderson (on his birthday —2/9)

### PARISH CONTACT INFO:

**Church:** 3721 Parish Ave, Fremont, CA

**Church Offices/Mailing Address:**

3612 Peralta Blvd, Fremont CA 94536

**Web:** [www.stchristinaorthodox.org](http://www.stchristinaorthodox.org)

**Email:** [mail@stchristinaorthodox.org](mailto:mail@stchristinaorthodox.org)

**Phone:** (510)739-0908

**Priest:** V. Rev. Michael Anderson, Rector

[FrMichael@stchristinaorthodox.org](mailto:FrMichael@stchristinaorthodox.org) (510) 333-8814

**Attached Clergy:** V. Rev. George Masters & Dn. Dennis Milligan



ST. CHRISTINA ORTHODOX CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA

February 3, 2019



# THE LIVING WATER

(JOHN 4:10)

[www.stchristinaorthodox.org](http://www.stchristinaorthodox.org)

Publication of St. Christina of Tyre Orthodox Church in Fremont, CA

36<sup>TH</sup> SUNDAY AFTER PENTECOST—TONE 3

AFTERFEAST OF THE MEETING OF OUR LORD

RIGHTEOUS SIMEON THE GOD-RECEIVER AND ANNA THE PROPHETESS

+

Welcome!

...to all who have gathered to follow Jesus Christ and manifest the Kingdom of God in the Liturgy of His Church. If this is your first time with us, give us a chance to get to know you. Please join us for our fellowship meal following the service.

+

### A Word from the Holy Fathers

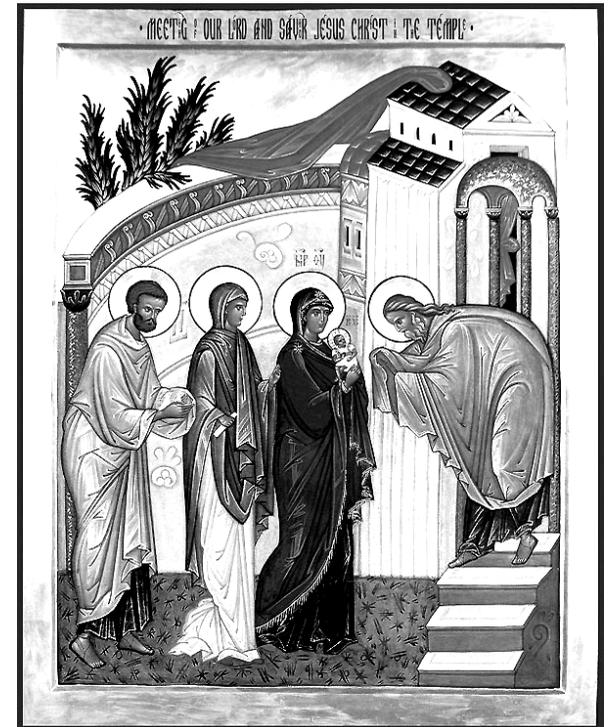
Having God, fear nothing, but cast all of your care upon Him, and He will take care of you. Believe undoubtingly, and God will help you according to His mercy.

—St Barsanuphius the Great

+

Include Something in the Bulletin

Email it to [community@stchristinaorthodox.org](mailto:community@stchristinaorthodox.org)



ST. CHRISTINA ORTHODOX CHURCH + THE DIOCESE OF THE WEST + THE ORTHODOX CHURCH IN AMERICA

**“SOUPER BOWL” OF CARING**

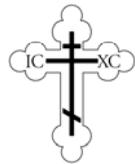
Sunday, **February 3, 2019** has been designated “Souper Bowl of Caring Sunday” by International Orthodox Christian Charities[IOCC].



This year’s 21st annual Souper Bowl Sunday—its name reflects the anticipated Super Bowl on the same day—aims at rallying parishes and their youth to champion feeding the poor and caring for those in need around the world.

Today we will share a simple fellowship meal of soup and bread to remember our neighbors in need.

We will also collect canned foods and monetary donations.



**PARENTS MEETING TODAY!**

There will be a meeting of the parents of preschool and elementary children today to finalize our lists of goals for the children.

**BANQUET & SILENT AUCTION**

**OUR BANQUET IS NEXT SUNDAY!**

Please **RSVP by today**, either with a check or online through our Online Giving system: choose the *Banquet Tickets* fund and in the “Special Instructions” section, add the names of the people the tickets are for in the special instructions box . If you cannot attend but wish to make a donation, please choose *Banquet Donation*.

Also please check the sign-up sheets posted in the kitchen for ways to help out with the banquet or to bring food or supplies. Thank you!

**LAST CALL FOR RAFFLE BASKETS!**

Part of our Banquet fundraiser is a raffle for various themed baskets. This has raised \$500-700 in the past. It’s a great way to repurpose items we no longer need and benefit the parish at the same time.

Please help us with our basket fundraiser by bringing in these items and dropping them off in the office. We’ll assemble them into baskets, so don’t worry about whether the items you bring in have a theme.

Contact Matushka Vickie if you have questions.

Please bring items in and place them in the office. Baskets are also needed.



**PREPARING FOR YOUR HOUSE BLESSING**

**Sanctification of the home**

The blessing of homes with holy water maintains the spiritual association between the “family church” and the parish, as well as again providing for the sharing of God’s spiritual gifts. ... This annual blessing is not as elaborate as the blessing of the new dwelling, but because of this it should not be overlooked, for it is in this way that the grace of God is extended to individual dwellings. (*Marriage and the Christian Home*, p.25.)



The sanctification of the home takes place with prayer and the sprinkling of holy water. The priest, at this annual visit, asks God to have mercy on the house, to rid it of every evil and to fill it with every blessing. Everyone of the house, prays together for the living and the dead of the family, and all who live and have lived in the house. They all sing the hymn of salvation and process from room to room while the priest blesses the house.

**Preparation**

Traditions of the ceremony differ according to local custom, but these general guidelines should be observed:

- A candle with an icon and some holy water should be placed in a suitable place, such as on a kitchen or dining room table, or a home altar.
- Also, a list of first names for whom prayers are to be offered, including members of the family and all those living in the house. The list should have a clear distinction between the living and the dead.
- If it is the practice to give the priest a gift, it should not be placed with the holy objects on the table. It can be prepared in advance, but given at the conclusion of the service.

**The ceremony**

When the priest comes, all who are present in the house should gather around the icon with the candle. They should, if they are able to join in, say the Trisagion Prayers and sing of the Troparion of the Feast of Epiphany. Then a family member leads the priest through the house

**Following the feast of Theophany until the beginning of Great Lent (January 7 - March 9) Fr. Michael will be blessing homes. Please contact Fr. Michael to arrange a date and time.**



**STATEMENT ON THE SANCTITY OF LIFE**

January 31, 2019

The Assembly of Canonical Orthodox Bishops of the United States of America affirms the sanctity of life based on the firm conviction that life begins at the moment of conception. The Assembly remains steadfast in its conviction that any interference in the development of life is a serious issue, and therefore it regularly participates in a variety of relevant events and also releases pertinent statements on the topic.

While recognizing that there are rare but serious medical instances where mother and child may require extraordinary actions, the Assembly of Bishops is deeply concerned that the taking of innocent life through abortion has become an acceptable cultural norm. This phenomenon – increasingly prevalent throughout contemporary societies – was exacerbated by a recent law of the New York State Senate (Bill S.240). The Assembly of Canonical Orthodox Bishops of the United States of America categorically denounces these adverse developments that allow for abortion, under certain unjustifiable circumstances, even within the third trimester of existence.

The Assembly of Bishops further reminds the faithful that Christ is a beacon of hope in this challenging world. Accordingly, the Church is always prepared and willing to support women who are considering abortion to find alternative avenues to alleviate any burden, physical and spiritual. The Church is ever a mother – loving, understanding, nurturing, praying, and protecting all human life.

**NEW ADULT ED CLASS —  
“UNDERSTANDING THE PROPHETS”**

This Thursday we start a new Adult Education series on “Understanding the Prophets.”

Please join us Thursday at 7:30pm in the church office to learn more about how to approach the prophetic literature of the Bible.

**DO YOU RECEIVE OUR WEEKLY EMAILS?**

Each week we send out an email containing the bulletin and prayer list along with announcements about upcoming parish events.

If you're not on the list but would like to be, just send an email to [mail@stchristinaorthodox.org](mailto:mail@stchristinaorthodox.org) and we'll make sure to add you.

**SAVE THE DATE!  
ST EUGENE'S SUMMER CAMP**

**JULY 7 - JULY 13 2019**

This year's Summer Camp will be at Sugar Pine Christian Camp in Oakhurst, CA. Mark your calendars and help us get the word out! More information and registration details will be coming soon.

**LENTEN RETREAT: “SEEKING PARADISE”**

**SUNDAY, APRIL 14**

**When:** Sunday, Mar 25, 2018 (5th Sunday of Great Lent)

**Where:** Holy Virgin Cathedral, 6210 Geary Boulevard, San Francisco, CA 94121

**Theme:** "Seeking Paradise"

**Speakers:** Fr. Peter Heers and Fr. John Whiteford

**Info:** [wadiocese.org/lentenretreatsf.html](http://wadiocese.org/lentenretreatsf.html)

Registration will take place through the ROCOR Western Diocese. <https://wadiocese.org/>

*“This is a faithful saying  
and worthy of all  
acceptance, that Christ  
Jesus came into the  
world to save sinners,  
of whom I am chief.”*

*—1 Timothy 1:15*

## Today's Worship — Hymns

### TROPARIA

#### Resurrection—Tone 3

Let the heavens rejoice!  
Let the earth be glad!  
For the Lord has shown strength with His arm.  
He has trampled down death by death.  
He has become the first born of the dead.  
He has delivered us from the depths of hell,  
and has granted to the world  
great mercy.

#### Meeting of Our Lord—Tone 1

Rejoice, O Virgin Theotokos, Full of Grace!  
From you shone the Sun of Righteousness,  
Christ our God,  
enlightening those who sat in darkness.  
Rejoice and be glad, O righteous Elder,  
you accepted in your arms the Redeemer of our  
souls,  
Who grants us the Resurrection!

#### St Christina—Tone 4

Your lamb Christina, O Jesus,  
Calls out to You in a loud voice:  
"I love You, O my bridegroom,  
And in seeking You, I endure suffering.  
In Baptism I was crucified so that I might reign in  
You,  
And died so that I might live with You.  
Accept me as a pure sacrifice,  
For I have offered myself in love."  
By her prayers save our souls, since You are  
merciful.

### KONTAKIA

#### Resurrection—Tone 3

On this day You rose from the tomb, O Merciful  
One,  
leading us from the gates of death.  
On this day Adam exults as Eve rejoices;  
with the Prophets and Patriarchs  
they unceasingly praise the divine majesty of  
Your power.

#### St Christina — Tone 5

You abandoned your father's error  
and received divine illumination  
as a glorious virgin betrothed to Christ.  
You bravely struggled and destroyed the enemy,  
O great Martyr Christina  
and ever pray that we may receive great mercy.

#### Meeting of Our Lord—Tone 1

By Your Nativity You sanctified the Virgin's  
womb  
and blessed Simeon's hands, O Christ God.  
Now You have come and saved us through love.  
Grant peace to all Orthodox Christians,  
O only Lover of Man!

### PROKEIMENA

**Tone 3** — *(Resurrection)* Sing praises to our God, sing praises! Sing praises to our  
King, sing praises! *(Ps 46/47:6)*

*v: Clap your hands, all peoples! Shout to God with loud songs of joy!*  
*(Ps 46/47:1)*

**Tone 3** — *(Song of the Theotokos)* My soul magnifies the Lord, and my spirit rejoices  
in God my Savior. *(Lk 1:46-47)*

## Today's Worship — Scripture Readings

### Epistle — 1 Timothy 1:15-17

<sup>15</sup> This is a faithful saying and worthy of all  
acceptance, that Christ Jesus came into the  
world to save sinners, of whom I am chief.

<sup>16</sup> However, for this reason I obtained  
mercy, that in me first Jesus Christ might show  
all longsuffering, as a pattern to those who are  
going to believe on Him for everlasting life.

<sup>17</sup> Now to the King eternal, immortal,  
invisible, to God who alone is wise, be honor  
and glory forever and ever. Amen.

### Gospel — Matthew 15:21-28

<sup>21</sup> Then Jesus went out from there and  
departed to the region of Tyre and Sidon.

<sup>22</sup> And behold, a woman of Canaan came  
from that region and cried out to Him, saying,  
"Have mercy on me, O Lord, Son of David! My  
daughter is severely demon-possessed."

<sup>23</sup> But He answered her not a word. And His  
disciples came and urged Him, saying, "Send  
her away, for she cries out after us."

<sup>24</sup> But He answered and said, "I was not  
sent except to the lost sheep of the house of  
Israel."

<sup>25</sup> Then she came and worshiped Him,  
saying, "Lord, help me!"

<sup>26</sup> But He answered and said, "It is not good  
to take the children's bread and throw it to the  
little dogs."

<sup>27</sup> And she said, "Yes, Lord, yet even the  
little dogs eat the crumbs which fall from their  
masters' table."

<sup>28</sup> Then Jesus answered and said to her, "O  
woman, great is your faith! Let it be to you as  
you desire." And her daughter was healed from  
that very hour.

